



No Limits Kids

Children's Behaviour Policy

Contents

1	Introduction.....	3
2	Encouraging positive behaviour	3
3	Dealing with inappropriate behaviour.....	3
4	Physical intervention	5
5	Corporal punishment.....	5
6	Related Policies	5

1 Introduction

No Limits Kids recognises our responsibility to support, understand and managing children's behaviour in an appropriate way. No Limits Kids uses effective behaviour management strategies to promote the welfare, enjoyment and safety of children attending No Limits Kids. Working in partnership with parents, we aim to support children's behaviour using clear, consistent and positive strategies, and with adults modelling positive behaviour. We recognise that supporting behaviour isn't a universal approach and that we must develop strategies of support appropriate to each child, whilst balancing and maintaining the safety and enjoyment of all children who attend.

Whilst at No Limits Kids we will support children to:

- Use socially acceptable behaviour
- Understand and comply with No Limits Kids rules, which are created and agreed by the children themselves
- Respect one another, accepting differences of race, gender, ability, age and religion
- Develop their independence through self-discipline
- Choose and participate in a variety of activities
- Ask for help if needed
- Enjoy their time at No Limits Kids.

2 Encouraging positive behaviour

At No Limits Kids positive behaviour is encouraged by:

- Staff acting as positive role models
- Praising appropriate behaviour
- Awards for good Sportsmanship with Medals and Certificates
- Informing parents about individual achievements

It is inevitable that as children develop and learn, there are times when they need support and guidance to understand that their behaviour is not acceptable. Staff at No Limits Kids will try to determine the cause or triggers of the inappropriate behaviour and work to support the child and make any necessary changes where possible to prevent the situation from recurring.

3 Dealing with inappropriate behaviour

Step-by-Step Approach

Stay Calm & Positive

- Use a low, steady tone

-
- Get down to their eye level
 - Avoid calling out across the group where possible (try not to shame a child in front of the group). We know there are situations where this doesn't work such as when you are asking a child to keep quiet or if there is immediate danger

Find Out What's Going On

- Quietly ask: "What's happened?" or "Are you okay?"
- Try to understand the root - tiredness, frustration, feeling left out?

Redirect, Don't Shame

- Offer a clear, positive alternative:
"Instead of kicking the cones, let's use them to build a relay course."
- Avoid telling off in front of a group

Use a Calm Zone if Needed

- Give them (supervised) space to cool off (e.g. colouring, LEGO, or sitting with a trusted adult)
- Let them return when they feel ready

Escalate if Safety Is at Risk

- If a child's behaviour becomes unsafe or disruptive, calmly remove them from the group.
- Record the incident if it is serious or if similar behaviour is repeated.
- If a situation arises where a child's actions place themselves or others in danger and cannot be safely managed, the Camp Manager must contact one of the Directors (Mike or Thoma) before speaking with the parent to arrange collection.
- Where the appropriate course of action is unclear, the Camp Manager should seek guidance from a Director.
- If, after discussion with parents and the implementation of behaviour management strategies, a child continues to display behaviour that poses a risk to themselves, others, or property, No Limits Kids may decide to exclude the child from future camps or sessions in line with the Suspensions and Exclusions Policy. Wherever possible, the reasons and process will be clearly explained to the child, taking into account the parents' wishes.

For Children with Additional Needs

Some children may not respond to typical behaviour strategies - and that's okay. If a child is known to be neurodiverse or has additional needs:

- Check their plan (if shared by parent)
- Involve a familiar adult for support
- Use shorter instructions, visual cues, or calm sensory breaks

No staff member will ever threaten any punishment that could adversely affect a child's well-being (eg withdrawal of food or drink).

Staff will always promote the dignity of, and respect for, the child in handling behaviour incidences

4 Physical intervention

Physical intervention will only be used as a last resort, when staff believe that action is necessary to prevent injury to the child or others, or to prevent significant damage to equipment or property. If a member of staff has to physically restrain a child, the manager will be notified, and an **Incident record** will be completed. The incident will be discussed with the parent or carer on the same day, or as soon as possible.

If staff are not confident about their ability to contain a situation, they should call the manager or, in extreme cases, the police.

All serious incidents will be recorded on an **Incident record** and kept in the child's file. This may be used to build a pattern of behaviour, which may indicate an underlying cause. If a pattern of incidents indicates possible abuse, we will implement child protection procedures in accordance with our **Safeguarding** policy.

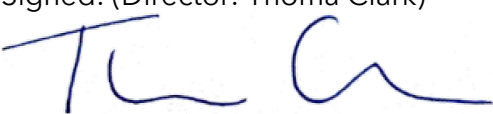
5 Corporal punishment

Corporal punishment or the threat of corporal punishment will *never* be used at No Limits Kids.

We will take all reasonable steps to ensure that no child who attends our Club receives corporal punishment from any person who cares for or is in regular contact with the child, or from any other person on our premises.

6 Related Policies

Suspensions and Exclusions Policy

This policy was adopted by: No Limits Kids Ltd	Date: 15/10/2025
To be reviewed: 15/10/2026	Signed: (Director: Thoma Clark) 

Written in accordance with the *Statutory Framework for the Early Years Foundation Stage (2025): Safeguarding and Welfare Requirements: Supporting and understanding children's behaviour [3.74] and Safeguarding Training [3.30]*.